

Aid station distances for 100 mile race

Start to aid station 1 (Grand mesa Lodge) 11.5 miles

Aid station 1 to aid station 2 (Granby lakes) 5 miles (16.5 total dist.)

Aid station 2 to aid station 3 (Flowing Park) 6 miles (22.5 total dist.)

Aid station 3 to aid station 4 (Indian Point limited aid) 7.5 miles

Aid station 4 to aid station 5 (Flowing Park) 7 miles (37.5 miles total)

Aid station 5 to aid station 6 (Carson Lake) 4.5 miles (42 miles total)

Aid station 6 to aid station 7 (Kannah Creek) 8.5 Miles (50.5 miles total)

Aid station 7 to aid station 8 (Lands End) 8.5 miles (58.5 miles total)

Aid station 8 to aid station 9 (Anderson Lake) 6.5 miles (65 miles total)

Aid station 9 to aid station 10 (mesa lakes) 5 miles (70 miles total)

Aid station 10 to aid station 11 (Anderson lake) 6.5 miles (76.5 miles total)

Aid station 11 to aid station 12 (Carson Lake) 5 miles (81.5 miles total)

Aid station 12 to aid station 13 (Flowing Park) 4.5 miles (86 miles total)

Aid station 13 to aid station 14 (Granby lakes) 10.5 miles (96.5 miles total)

Aid station 14 to Finish 5 miles total 101.5 miles

All miles are approximate